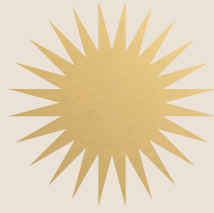




*Allure*  
Wellness & Spa

[allurespa.com](http://allurespa.com)

Via Dei Cavalieri 2/C, 50123, Firenze



# Allure Massages

## Anti stress massage

60 / 90 min

This massage is performed with slow and rhythmic strokes with the use of natural oils combined with essential oils. It's one of the most effective methods to relieving stress and to balance the body and the mind.

Single €140 / €200 - Couple €280 / €400

## Relaxation massage

60 / 90 min

By using long strokes, gently kneading and rolling the skin and muscles it will ease the mind for deep relaxation, restful sleep and jetlag recovery.

Single €140 / €200 - Couple €280 / €400

## Swedish Massage

60 / 90 min

Swedish massage is a whole-body therapeutic massage treatment that improves the blood circulation. Works the soft tissues and muscles to help restore health - creating a calming and balancing effect on the nervous system.

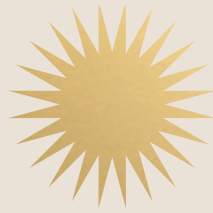
Single €150 / €210 - Couple €300 / €420

## Deep Tissue Massage

60 / 90 min

With our deep tissue massage, we use slow and more firm massage techniques to loosen knots in the deeper lying muscles. This massage is particularly suitable for very sore and tight muscles. It gives immediate relief to the muscles, making them feel more supple and leading to an immediate deep relaxation.

Single €150 / €210 - Couple €300 / €420



# Allure Massages

## Pregnancy Massage

60 min

Pregnancy massage is designed for the needs of the expecting mother. It relieves tension and reduces fatigue and pain caused by postural changes. Improves your skin's natural elasticity, fluid retention and blood circulation. Recommended in the second and third trimesters.

Single € 150

## Hot stone Massage

60 min

During a hot stone massage, smooth, flat, heated stones are placed on specific parts of your body. It provide warmth and used to help you relax and ease tense muscles and damaged soft tissues throughout your body.

Single € 170

## Back & Neck massage

30 min

This treatment uses classic massage techniques to relax the body and mind it is an excellent treatment to soothe away aches, pains and stiffness promoting a deep sense of relaxation and renewed vitality.

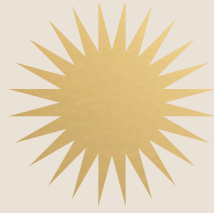
Single € 80

## Foot Massage

25 min

Using a technique that improves blood and lymph circulation and reduces imbalances caused by stress and tension, lowers blood pressure, reduces imbalances caused by stress and tension and improves immune function.

Single € 65



# Add to your Treatments

To complete your treatment you can add the following booster masks

## Platysma

With its unique shape and stretchy tissue tailored to the area under the chin, Platysma combines the benefits of an anti-gravity and anti-ptosis mask in a single step. The support's mechanical action combined with firming active ingredients is similar to a face massage and tighten the skin.

€39

## Defatigante

Patches Défatigants are pre-impregnated with a formula enriched with anti-puffiness, anti-dark circles and anti-wrinkle active ingredients. Its natural biocellulose support and its "pinch" shape adhere perfectly to the eye contour for a global and effective treatment.

€28

## Feerie Visage & Feerie visage + neck

Masque Biologique Féerie is an intense treatment that tenses, tones and revitalises your skin. It contains Marine Collagen, a moisturising and tightening active ingredient which produces magnificent results. This sheet mask provides moisture while tightening and firming up the skin for a refreshed and smoother complexion.

Feerie visage €55

Feerie visage + neck €70

## Pigm 400

The formula of Masque PIGM 400 is concentrated in exceptional brightening and antioxidant active ingredients that give an amazing boost to the skin's radiance. With a softer-than-silk Lyocell mask that clings to the contours of the face, the active ingredients are optimally delivered all over the skin.

€40

## Caviar vert

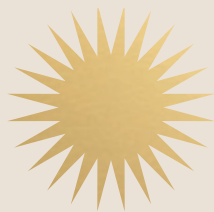
An immediate response to combat signs of cutaneous aging, Masque Caviar Vert has a tightening effect in order to plump up the wrinkles and fine lines of the face. Formulated based on Green Caviar and Collagen segment, they jointly help tone the epidermis, thereby improving the appearance of the skin structure. Wrinkles are visibly smoothed, facial features are tightened.

€46

## Liftkiss

An essential pre-impregnated treatment, Liftkiss visibly smooths and plumps the lips and their contour immediately. Enriched with repairing active ingredients, this biocellulose mask effectively promotes skin regeneration, thus reducing the damaged aspect of the lips. Its formula, composed of hydrating active ingredients, provides an immediate plumping\* effect on the lips while immediately reducing feelings of discomfort.

€29

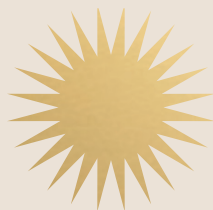


# Face Treatments

*by Biologique Recherche*

The Biologique Recherche methodology is based on over 45 years of experience using innovative products and meticulous protocols. The products are formulated with high concentrations of active ingredients derived from natural or biotechnological compounds and are fragrance-free.

Our therapists at Allure spa are trained with the Biologique Recherche methodology to create a personalized and unique face treatment for each Skin Instant. Our face treatments consist of three core stages and seven steps during which our spa therapists will reshape the face with unique, original techniques.



# Skin Instant<sup>©</sup>

*by Biologique Recherche*

An in-depth dermo-cosmetic skin diagnosis is a key part of the Biologique Recherche protocol, so we can personalize your beauty treatment according to your Skin Instant<sup>©</sup> using our specific physiological, behavioral, and tactile approach.

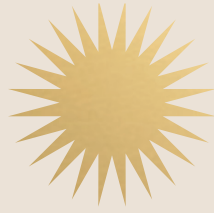
## Skin Instant Treatment<sup>©</sup>

40 min

The Skin Instant<sup>©</sup> Lab consists of five sensors (measuring hydration, trans-epidermal water loss, elasticity, pigmentation, and sebum levels) linked to a computer with an exclusive diagnostic analysis software program developed by Biologique Recherche. Based on our expert's dermo-cosmetic analysis and objective measurements, the Skin Instant<sup>©</sup> Lab gets data from our knowledge bank to come up with a selection of products and treatments perfectly matching to your Skin Instant<sup>©</sup> needs.

Single €50





# Custom Treatments

45/ 60/ 90/ 120 min

Personalized face treatments will be created after the evaluation stage with the Biologique Recherche methodology to have unique & targeted treatments for each skin instant to achieve the best results.

€130/ €170/ €220/ €285

## For Soothed Skin

### *Biosensible Treatment*

A treatment that stabilizes Skin Instants<sup>©</sup> that are particularly fragile or prone to reactions. The skin of your face, neck and décolleté feels soothed and more comfortable.

## For Clearer Skin

### *Sebum-rebalancing*

A treatment that controls excess sebum on the skin's surface and detoxifies oily and acne-prone Skin Instants<sup>©</sup>. Skin is purified and unified, while pores are tightened.

## For Brighter Skin

### *Skin Booster VIP 02*

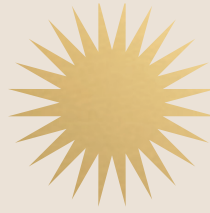
A treatment to detoxify and stimulate the epidermis and re-oxygenate skin tissue, for dull Skin Instants<sup>©</sup> choked by urban pollution. Your complexion is incredibly revitalized, skin is more

## For Plumped-Up Skin

### *Soin Restructurant et Lissant*

A skin reconditioning and plumping treatment, suitable for all Skin Instants<sup>©</sup>. The skin of your face, neck & décolleté is hydrated, smoothed





# Custom Treatments

45/ 60/ 90/ 120 min

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€130/ €170/ €220/ €285

## For Lifted & Better Toned Skin

### *Lift C.V.S treatment*

An exfoliating and lifting treatment combined with massage techniques for mature Skin Instants<sup>©</sup>. Skin is smoothed, toned and refined.

## For Deeply Purified Skin

### *Soin Masque Exfoliant P50 Visage*

An exfoliating and regenerating treatment for keratinized Skin Instants<sup>©</sup> and skin with an irregular micro-profile. It evens out skin tone, leaving your face smooth and glowing.

## For Reducing Wrinkles

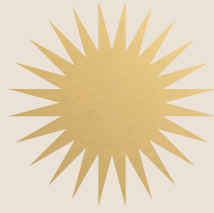
### *MC 110 treatment*

A treatment that smooths out fine lines and wrinkles for dull Skin Instants<sup>©</sup>. The skin of your face, neck and décolleté is toned and redefined.

## Second peau

### *A world first in professional cosmetics*

This regenerating and lifting treatment is created using an electrospun mask with 80% pharmaceutical grade hyaluronic acid for Skin. Instants<sup>©</sup> affected by signs of ageing.  
60 min €380



# Add to your Treatments

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€28

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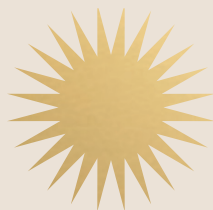
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€29



# Hand Treatments

## Classic Manicure

The treatment will begin with cleaning the nails, then shaping the nail and cleaning the cuticle, followed by a relaxing massage with our nourising products, finishing with a nailpolish of your choice.

€60

## Classic Pedicure

The treatment will begin with cleaning the nails, then shaping the nail and cleaning the cuticle, followed by a relaxing massage with our nourising products, finishing with a nailpolish of your choice.

€70

## Luxury Manicure

Ultimate way to treat your hands, starting with cleaning and shaping the nails, gentle exfoliating hand cream to remove dead skin cells, to lock in the hydration and protect the skin will put a protective hand serum and a hand cream. Followed by a massage and completed with a nail polish by choice.

€90

## Luxury Pedicure

Ultimate way to treat your feet, starting with cleaning and shaping the nails, gentle exfoliating scrub to remove dead skin cells, a soothing moisture mask, to lock in the hydration will put a hydrating cream. Followed by a massage and completed with a nail polish by choice.

€100

## Gentleman Manicure

Shaping the nails and cleaning the cuticles, exfoliating the hand from dead skin cells, protective hand serum and hand cream and finishing with a massage.

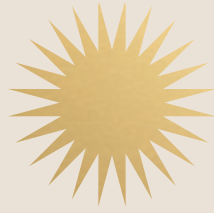
€50

## Gentleman pedicure

Shaping the nails and cleaning the cuticles, removing build up from dead skin cells with an exfoliation sugar scrub, followed with a cream and finishing with a massage.

€60





# Spa Packages

## *Face Treatments*

Each Biologique Recherche treatment packages include  
1 free Skin Instant Lab diagnose.

8 treatments x 45 min / €960

8 treatments x 60 min / €1240

8 treatments x 90 min / €1640

8 treatments x 120 /€2160

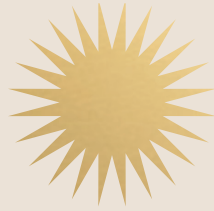
## *Allure Massages*

8 Swedish massages x 60 min / €1040

8 Deep tissue massages x 60 min / €1040

8 Relaxation massage x 60 min / €960

8 California massages x 60 min / €960



# Price List

## MASSAGES

Anti stress massage 60/90 min | €140/€200

Relaxation massage 60/90 min | €140/€200

Swedish massage 60/90 min | €150/€210

Deep tissue massage 60/90 min | €150/€210

California massage 60/90min | €140/€200

Back, Neck & Shoulder massage 30 min | €80

Hot stone massage 60 min | €170

Pregnancy massage 60 min | €150

Feet massage 25 min | €70

## COUPLES MASSAGES

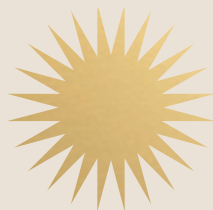
Swedish massage 60/90 min | €300/€420

Relaxation massage 60/90 min | €280/€400

Deep tissue massage 60/90 min | €300/€420

California massage 60/90 min | €280/€400

Back, Neck & Shoulder massage 30 min | €160



# Price List

## **DERMO-COSMETIC DIAGNOSIS**

Skin Instant© Lab: 40 min | €50

## **NAILS**

Classic manicure €60

Classic pedicure €70

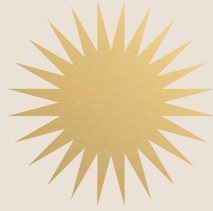
Luxury manicure €90

Luxury pedicure €100

Gentlemen manicure €50

Gentlemen pedicure €60

Semi permanent additional charge of €20



# Allure Information

## **CHILDREN'S POLICY**

Guests must be 18 years old in order to have a spa treatment. Children under 16 years old are not allowed to use the Sauna & Steam Room.

Children must be accompanied by their parents.

## **ARRIVAL TIME**

Please allow sufficient time before your treatment to complete a spa consultation form and/or health questionnaire. We recommend you arrive up to one hour in advance of your massage so that you can change, relax, and enjoy the spa facilities. We ask to arrive maximum 20 min before the face treatment. Please be advised that late arrivals will result in a reduction of treatment time. The spa will provide towels, robes and slippers and any amenities required for use during your spa visit.

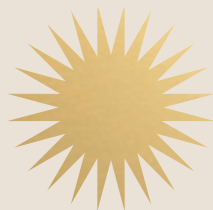
## **SCHEDULING AN APPOINTMENT**

To schedule an appointment for a treatment, please contact our reception who will be able to guide you to the right choice. To ensure your preferred time and service is available we recommend you book in advance. External clients that are making the reservation for a treatment, we will need a credit card to confirm the reservation.

## **SPA ETIQUETTE**

Our spa environment is one of relaxation and tranquility. Please respect all spa guests' right to privacy and serenity. Considering this, the spa is a mobile phone, camera, alcohol, and smoke-free zone.





# Allure Information

## **HEALTH CONDITIONS**

Kindly advise us of any health conditions, allergies or injuries which could affect your choice of treatment when making your spa reservation.

## **PREGNANCY**

We have specially designed treatments for expectant women or nursing mothers. Please allow our spa team to guide you in selecting which treatments are most suitable during this special time. Pregnant and nursing mothers are not permitted to use the Sauna & Steam Room.

## **SPA OPENING TIMES**

Monday - Friday

10:00 – 20:00

Saturday - Sunday

10:00 - 20:00

## **GIFT CARDS**

An ideal gift for someone special -

Please contact the reservations team.

## **HOMECARE**

Most products used in our treatments are available to buy at reception.

## **VALUABLES**

The spa accepts no responsibility for loss of valuables and jewelry at any time on the spa premises.

